

# Poem for portfolio-Sestina-Stay inside

Wednesday, 25 March 2020 11:02

But now I am cabin'd, cribb'd, confined, bound, in,  
To saucy doubts and fears exclaims Juliet in pain,  
In Shakespeare's most notable tragedy,  
But what resonance it has at this moment,  
Cabin'd, cribb'd, confined to our homes in fear,  
Fear of that destiny we want to avoid, a certain fate,

Of course, I refer to this virus which defines our fate,  
But ironically, although restrictive, our thoughts no longer kept in,  
Ignorance, arrogance, xenophobia and fear,  
Fake courage seen through by newfound pain,  
A blessing in disguise, captured in one season-one moment,  
The death toll high, as the infection rate, but is it really a tragedy?

Tears are shed, trembling lips commonplace in such tragedy,  
But none the same when our climate suffers the same fate,  
Human selfishness could be realised in one moment,  
Yet ironically, it is only when we find ourselves with our own thoughts locked in,  
Only then do we see the affect we have on nature-its pain,  
Only when we see our own dark future do we fear,

Juliet, confinement and restriction of her lover, did fear,  
With what she saw to be a personal tragedy,  
Yet in hindsight did it restrict others' pain?  
For should have cousins fought again, more death will have been their fate,  
So her confinement was a necessary sacrifice, staying in,  
For one small period alone is better than many dead in this moment,

So is staying in right now bad for the moment?  
Embarrassing-the panic buying and selfishness-for our kind, I fear,  
Why go out and risk lives? Support those who need it and stay in,  
You think you're healthy until you have infected the rest-what a tragedy,  
Think of the elderly, if they grow weak, what will be their fate?  
Are you really so selfish as to overbuy essentials so that they can live in pain?

So stay inside to reduce their pain,  
Enjoy intricacies around your home for a moment,  
Work only to retain a sustainable fate,  
There is no need to become blameful or over anxious or to live in fear,  
As a nation we can overcome this tragedy,  
There is neither explicable reason nor moral justification to cause others pain,

I can promise that your fate will contain no pain,  
If you stay in, for just this moment,  
No cause for fear or worry, this is an overcomeable tragedy.